

With thanks to:

Parentikind

HOW
**ACTION FOR
CHILDREN**
WORKS



Every
Child
Should...



Proudly supporting
youth social action



Get in touch

We'd love to hear what you think about this list. Share your experience using #MyActivityPassport or email: activity.passport@education.gov.uk



Department
for Education



My Activity Passport

Name

Start date

End date



Activity

	✓	Date:
1. Keep a diary for a week	☐	
2. Take a trip on a train	☐	
3. Send an email	☐	
4. Learn a new skill e.g. to knit	☐	
5. Write a speech	☐	
6. Vote in a school election	☐	
7. Plan a tour around your local area	☐	
8. Interview someone	☐	
9. Visit a local charity and find out how you can support them	☐	
10. Learn how to access the news	☐	
11. Design a product or business idea and pitch it to 'investors'	☐	
12. Choose objects to put in a time capsule	☐	
13. Write and record/broadcast a radio play	☐	
14. Sleep under canvas	☐	
15. Make a dessert	☐	
16. Organise tea for parents and carers	☐	
17. See the sun set	☐	
18. See the sun rise	☐	
19. Go on a picnic	☐	
20. Visit a new city	☐	

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As part of ensuring children have a life full of interesting and enriching activities, we've introduced an Activity Passport to each year group.

This activity passport encourages the children to be as imaginative and creative as they can and provides ideas for the new, exciting experiences and fun they can have at home and at school.



Reception



Activity

	✓	Date:
1. Visit a farm	☐	
2. Paint a self portrait	☐	
3. Plant some bulbs and watch them grow	☐	
4. Go on an autumn walk	☐	
5. Make leaf rubbings	☐	
6. Make a sandwich	☐	
7. Taste a new fruit	☐	
8. Visit a place of worship	☐	
9. Fly a kite	☐	
10. Make a paper boat and see if it floats	☐	
11. Perform a song	☐	
12. Re-tell a story to an audience	☐	
13. Post a letter	☐	
14. Meet a friend's pet	☐	
15. Search for butterflies outdoors	☐	
16. Take a photograph	☐	
17. Make a treasure map	☐	
18. Dress up in fancy dress	☐	
19. Look up where you live on a map	☐	
20. Have a teddy bears picnic	☐	

Year 5



Activity

	✓	Date:
1. Take part in a debate	☐	
2. Learn something new about your local area	☐	
3. Learn to moon walk	☐	
4. Make and launch an air powered rocket	☐	
5. Use an OS map	☐	
6. Go orienteering	☐	
7. Do a blind folded taste test	☐	
8. Write a story for the Reception class	☐	
9. Make a large scale model	☐	
10. Visit a Secondary School	☐	
11. Write a play	☐	
12. Experience swimming	☐	
13. Put on a performance	☐	
14. Make papier mache planets	☐	
15. Climb something that is taller than you	☐	
16. Walk to the top of a hill	☐	
17. Write in hieroglyphics	☐	
18. Pick litter in your local area	☐	
19. Plan and cook a meal	☐	
20. Go to the theatre	☐	

Year 4



Activity

	✓	Date:
1. Make chocolate	☐	
2. Create a display for show and tell	☐	
3. Write and perform a poem	☐	
4. Perform in a play	☐	
5. Watch a play or a dance production	☐	
6. Use a camera to document a performance	☐	
7. Choreograph a dance	☐	
8. Make a sculpture	☐	
9. Create a sculpture trail	☐	
10. Explore inside a cave	☐	
11. Walk through a forest	☐	
12. Learn about a new religion and visit a new place of worship	☐	
13. Make up your own game and teach it to someone	☐	
14. Visit a museum	☐	
15. Skim stones	☐	
16. Visit a castle	☐	
17. Swim outside	☐	
18. Learn to sew on a button	☐	
19. Go hiking	☐	
20. Take part in a treasure hunt	☐	

Year 1



Activity

	✓	Date:
1. Find three different types of leaves	☐	
2. Decorate some biscuits or cakes	☐	
3. Make and taste chapattis	☐	
4. Make a puppet	☐	
5. Look for the International Space Station	☐	
6. Borrow a book from a library	☐	
7. Discover what is in a pond	☐	
8. Create a piece of art with your class	☐	
9. Look up at the stars on a clear night	☐	
10. Perform a dance for your family	☐	
11. Go on a hunt for some insects or small creatures	☐	
12. Make a home for an insect or small creature	☐	
13. Visit, or read a book about, London	☐	
14. Climb a tree	☐	
15. Take part in play day	☐	
16. Roll down a hill	☐	
17. Make a daisy chain	☐	
18. Join an extra-curricular club	☐	
19. Build a den	☐	
20. Tell a joke	☐	

Year 2



Activity

	✓	Date:
1. Tell the time	☐	
2. Play a board game	☐	
3. Learn a poem off by heart	☐	
4. Take a trip to a butterfly house	☐	
5. Bake bread	☐	
6. Buy something and check your change	☐	
7. Learn the names of trees and leaves	☐	
8. Build a bridge and test its strength	☐	
9. Become a nature detective	☐	
10. Dress up as a superhero	☐	
11. Make a musical instrument	☐	
12. Start a vegetable patch	☐	
13. Pick blackberries	☐	
14. Get soaking wet in the rain	☐	
15. Taste new foods from around the world	☐	
16. Learn a French song	☐	
17. Walk barefoot on the sand or on a nature trail	☐	
18. Start a nature table	☐	
19. Walk to a local landmark	☐	
20. Make a mask	☐	

Year 3



Activity

	✓	Date:
1. Compose a piece of music	☐	
2. Create some urban art	☐	
3. Eat something you've not tried before	☐	
4. Create a mosaic	☐	
5. Design and make a board game	☐	
6. Climb a tree	☐	
7. Create a soundtrack for a piece of film	☐	
8. Make a pinhole camera	☐	
9. Learn about birds of prey	☐	
10. Light a candle	☐	
11. Learn a new game	☐	
12. Make something out of wood	☐	
13. Cook outdoors	☐	
14. Learn to play a game of cards	☐	
15. Tell your class about your favourite character from a book	☐	
16. Produce rubbings of fossils	☐	
17. Try yoga	☐	
18. Eat something you have grown	☐	
19. Visit an art gallery	☐	
20. Stay away from home for a night	☐	