

ST JOHN'S PRIMARY AND NURSERY



FOREST SCHOOLS





What is Forest School?

- ❖ Forest Schools is about encouraging and inspiring children through positive outdoor experiences.
- ❖ It is about providing inspirational and motivational opportunities for children through achievable tasks and activities in a woodland environment.



Forest schools is about helping children to develop personal, social and emotional skills:

- ❖ Independence
- ❖ Self – discovery
- ❖ Confidence
- ❖ Communication skills
- ❖ Raised self-esteem





Children visit the same woodland on a regular basis.

They are given opportunities to:

- ❖ Explore and play.
- ❖ Learn about the natural environment.
- ❖ Learn how to handle risks.
- ❖ Most importantly to use their own initiative to solve problems and co-operate with others.



Forest Schools

Key features of forest schools

The use of
a natural
outdoor
environment

Child led
approach to
childrens
learning which
is fun &
unhurried

Learning allows
repetition in
nature where
children use all
their senses

Adults
facilitate &
observe rather
than lead &
direct

Children
are
creative

Supports
personalised
learning

Builds childrens
confidence & self
esteem as they
make their own
decisions and
are carefully
supported

Child led
play supports
all children
to have
a voice





Children will have opportunities to work together and solve problems creatively.



Children will learn how to safely use tools and light fires.



Forest Schools was originally an approach to learning that was developed in Denmark for pre-school children (under seven years).



Where will forest School take place?

We are really fortunate at St John's Primary and Nursery School as we have an area of woodland on site. The children will be using this space during their Forest School sessions.



The Weather

A weather forecast will be checked before the session and as long as we feel it is safe for the children to go to the woodland, they will attend each week. If we feel the weather is unsuitable to be in the woodland, we will return to the normal school routine.



The Weather

There is no such thing as bad weather...

... just in appropriate clothing.





What will my child need to wear?

COLD DAYS

Your child can come to school in normal school uniform. Also provide in a named bag:

- an extra jumper
- warm joggers
- walking boots or wellingtons
- 2 extra pairs of socks
- hat, gloves and scarves
- waterproof coat (and trousers if you have them.)





What will my child need to wear?

HOT DAYS

Your child can come to school in normal school uniform. Also provide in a named bag:

- sun hat
- apply sun cream before they come to school
- water bottle
- trousers not shorts or skirts, as there will still be twigs and brambles and the legs need to be protected.



We will sometimes have our snack while we are on site.

We can also put up a shelter to protect the children from the rain or sun.





Mrs Richardson is a Level 3 Forest School Practitioner and holds a pediatric first aid qualification.



We need your help!

Can you help with any of the sessions?

Please sign up on your child's class list if you haven't already. Even helping with one session would be fantastic!



Any Questions?



Thank you

