St. John's Church of England Primary School and Nursery

Laund Nook, Belper, Derbyshire, DE56 1GY, 01773 822995
www.stjohnsbelper.co.uk
info@st-johnscofe.derbyshire.sch.uk

Headteacher: Mrs M Carvell BEd ALCM

RE: Y6 Bikeability **Thursday 22nd October 2026**

UPDATED QR CODE

Dear Parent/Carer,

At St. John's we are very keen to help pupils learn to live healthy lifestyles. Cycling is one of the easiest, cheapest and most enjoyable ways of keeping fit. In support of this, we will be offering Bikeability Level 1 & 2 training to pupils in Year 6.

Level 1 is covered in a traffic free environment and teaches basic cycle skills.

Level 2 is covered on quiet roads but with real traffic conditions. Children must have completed Level 1 before starting level 2.

Level 1 training will take place on the playground and Level 2 training will take place on the roads near school. This will take place over two days for each Year 6 class:

- **Mrs Heer's class (Rowsley) – Monday 23rd & Tuesday 24th November**
- **Mrs Newton's class (Quarndon) – Wednesday 25th & Thursday 26th November**

Training is free and will be conducted in school time. **All pupils will need their own bike**, which should be in a road worthy condition and must be brought both days during the training. It cannot be stored at school overnight. All children must be able to cycle unaided. We also stipulate that **all pupils must also wear their own cycle helmet whilst training.** Your child's class teacher will discuss where their bikes are to be stored/kept during the day nearer the time.

Bikeability training will be run by First Grade Sports. **First Grade Sports do not have bikes available to hire.** This means that if your child does not have access to a bike, they will not be able to take part in the training. We apologise for any problems this may create.

Children will get changed into their PE kit to complete the training so please ensure they have warm clothes for the day.

Please scan the QR code or find the link on the school website - Year 6 area in the folder named Bikeability. This will take you to an online consent form which you must read carefully and complete as soon as possible.

Children without a completed consent form will not be able to participate in the training.

Kind regards,

Miss Proud (PE lead)

St John's CofE Primary and Nursery-Belper

https://consent.bikeability.org.uk/more-tee-mag