

Whole School PSHE Overview 2026-2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Nursery	Self-Regulation Children will find ways of managing transitions, for example from their parent to their key person. Managing Self Children will learn to use the toilet with help, and then independently. Building Relationships Children will become more outgoing with unfamiliar people, in the safe context of their setting.	Self-Regulation Children will feel strong enough to express a range of emotions. Managing Self Children will play with increasing confidence on their own and with other children. Building Relationships Children will engage with others through gestures, gaze and talk.	Self-Regulation Children will play with one or more other children, extending and elaborating play ideas. Managing Self Children will select and use activities and resources, with help when needed. Building Relationships Children will make comments about people who are special to them.	Self-Regulation Children will remember rules without needing an adult to remind them. Managing Self Children will make healthy choices about food, drink, activity and toothbrushing. Building Relationships Children will find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.	Self-Regulation Children will show confidence in a variety of situations and select a variety of resources and activities. Managing Self Children will talk about their own needs, interests, and opinions. Building Relationships Children will understand gradually how others might be feeling.	Self-Regulation Children will know how to keep themselves safe in different situations. Managing Self Children will be aware of their own feelings and actions as is developing appropriate ways of being assertive. Building Relationships Children will talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.
EYFS Reception	Being me Being safe	Bullying matters Relationships	Exploring emotions Being healthy	Difference & diversity	Changes Growing up	Being responsible
Year 1	Being Healthy	Bullying Matters	Difference and Diversity	Exploring Emotions	Being Responsible	Relationships
Year 2	Being Me	Being Safe	Drug Education	Changes	Money Matters	Growing Up
Year 3/4	Being Healthy	Bullying Matters	Difference and Diversity	Exploring Emotions	Being Responsible	Relationships
Year 5	Being Healthy	Bullying Matters	Difference and Diversity	Exploring Emotions	Being Responsible	Relationships
Year 6	Being me	Being safe	Drug education	Money Matters	Growing up	Changes