Whole School PE Overview 2026-2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Indoor	**Introduction to PE: Unit 1**	**Introduction to PE: Unit 2**	**Dance: Unit 1**	**Gymnastics: Unit 1**	**Dance: Unit 2**	**Gymnastics: Unit 2**
EYFS Outdoor	**Fundamentals: Unit 1**	**Fundamentals: Unit 2**	**Ball Skills: Unit 1**	**Games: Unit 1**	**Ball Skills: Unit 2**	**Games: Unit 2** ***(And Sports Day Practice)***
Year 1 Indoor	**Gymnastics** ***Lessons 1,3,5,7,11***	**Ball Skills**	**Dance** ***Lessons 1,3,5,7,11***	**Yoga**	**Fitness**	**Team Building**
Year 1 Outdoor	**Fundamentals**	**Sending and Receiving**	**Net and Wall Games**	**Invasion Games**	**Target Games**	**Athletics** ***(And Sports Day Practice)***
Year 2 Indoor	**Gymnastics** ***Lessons 1,3,5,7,11***	**Ball Skills**	**Dance** ***Lessons 1,3,5,7,11***	**Yoga**	**Fitness**	**Team Building**
Year 2 Outdoor	**Fundamentals**	**Sending and Receiving**	**Net and Wall Games**	**Invasion Games**	**Striking and Fielding**	**Athletics** ***(And Sports Day Practice)***
Year 3 /4 Cycle A Indoor	**Gymnastics (Y4)** ***Lessons 1,3,5,7,11***	**Dodgeball (Y4)**	**Dance (Y4)** ***Lessons 1,3,5,7,11***	**Yoga (Y4)**	**Fitness (Y4)**	**OAA (Y4)**
Year 3 /4 Cycle A Outdoor	**Ball Skills (Y4)**	**Netball**	**Tennis (Y4)**	**Basketball**	**Cricket**	**Athletics (sports day practice)**

Year 3 /4 Cycle B Indoor	**Gymnastics (Y3)** ***Lessons 1,3,5,7,11***	**Dodgeball (Y3)**	**Dance (Y3)** ***Lessons 1,3,5,7,11***	**Yoga (Y3)**	**Fitness (Y3)**	**OAA (Y3)**
Year 3 /4 Cycle B Outdoor	**Fundamentals (Y3)**	**Football**	**Tennis (Y3)**	**Handball**	**Rounders**	**Athletics (sports day practice)**
Year 5 Class 1	**Gymnastics** ***Lessons 1,3,5,7,11*** **+ Swimming**	**Netball + Swimming**	**Dance + Swimming**	**Tennis + Swimming**	**Move & Learn with DCFC**  **+ Swimming**	**Athletics + Swimming**
Year 5 Class 2	**Netball + Swimming**	**Gymnastics** ***Lessons 1,3,5,7,11*** **+ Swimming**	**Tennis + Swimming**	**Dance + Swimming**	**Move & Learn with DCFC**  **+ Swimming**	**Athletics + Swimming**
Year 6 Indoor	**Gymnastics** ***Lessons 1,3,5,7,11***	**Dodgeball**	**Dance** ***Lessons 1,3,5,7,11***	**Fitness**	**Handball**	**OAA**
Year 6 Outdoor	**Football**	**Netball**	**Tennis**	**Basketball**	**Cricket**	**Athletics** ***(And Sports Day Practice)***

Our curriculum aims to help the children progress throughout each year and build skills, strength, fitness, coordination and a love of sport.

This curriculum has been designed to support children's growth, independence and skills.

*Planning for GetSet4PE can be found on the websites below:

www.getset4pe.co.uk